Application

What it sounds like	⇥	B
Post Comment (From comment field)	⇥	↵
Quick Add	⇥	Q
Enter Focus Mode	⇥	X
Collapse the right pane		ESC
Show Keyboard Shortcuts	⌘	/

Selection

Select Range	⇧	↑
Change Selection		↑

Navigation

Search for a project, tag, person, or task	⇥	/
Focus Subtasks	⇥	S
Add a tag to the task	⇥	T
Add Follower	⇥	F
Set Due Date	⇥	D
Assign Selected Task	⇥	A
Comment on Selected Task	⇥	C
Collapse Sidebar	⇥	O
Navigate to Inbox	⇥	I
Navigate to My Tasks	⇥	Z

Task Actions

Add to a project	⇥	P
Create a Section	⇥	N
Access Home	⇥	H
Assign to Me	⇥	M
Paste Tasks (One per line)	⌘	V
Copy Selected Tasks	⌘	C
Jump Up/Down to the next Section	⇧ ⌘	↑
Move Up/Down	⌘	↑
Complete Selected Task(s)	⌘	↵
Delete current task (when task name is empty)		⌫
Delete Selected Task(s)	⇥	⌫
New Task		↵

Inbox

Move to Inbox	U
Archive	I
Follow or Unfollow	F
Jump to Archive tab	S
Jump to Inbox tab	H
Move Up/Down	K

My Tasks

Mark as Later in your My Tasks	⇥	L
Mark as Upcoming in your My Tasks	⇥	U
Mark as Today in your My Tasks	⇥	Y

Asana shortcuts for Mac